

Five Simple Steps to Peace

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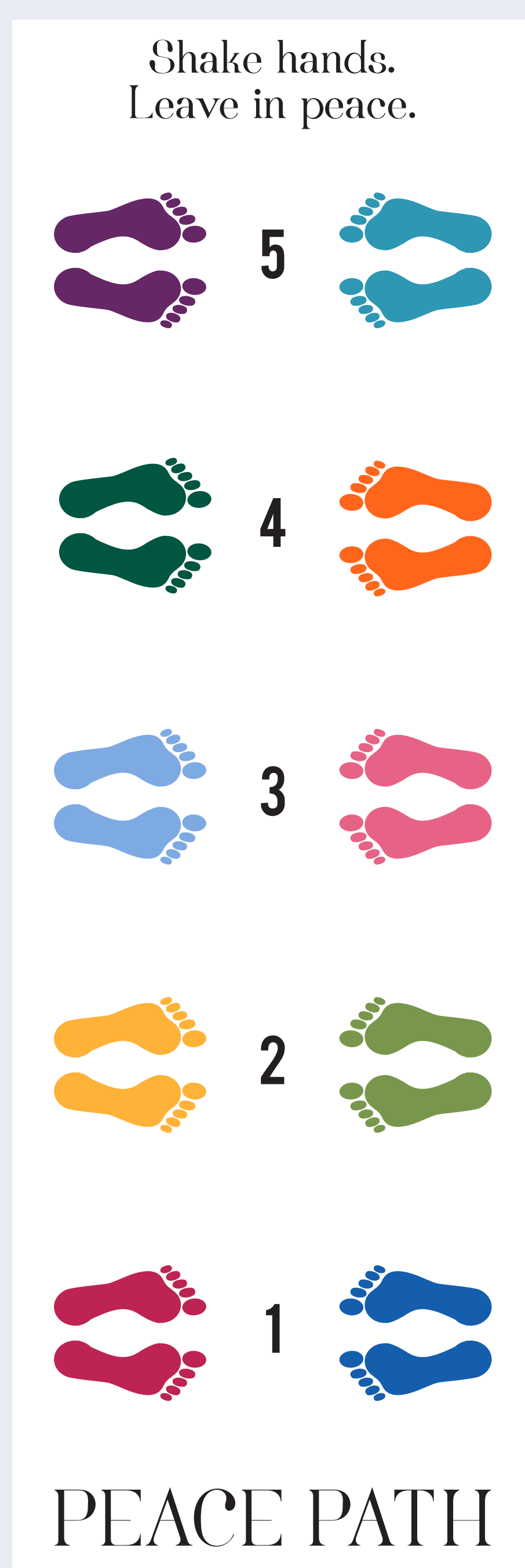
Why the Peace Path?

Because conflict happens!

- Every day, students squabble.
- Every day, students disagree.
- Every day, students offend each other.
- Every day, students fight.

Who can use the Peace Path?

- The Peace Path has been effectively used with students, parents, teachers and leaders K-12.



What happens on the Peace Path?

- Students take ownership for the part they played in a conflict. Personal responsibility and accountability is increased.

What social skills are developed on the Peace Path?

- Students learn to make “I” statements.
- Students learn and practice active listening.
- Students learn to generate solutions to problems.
- Self-dependency increases.

The Five Steps

1. State what happened.
2. State how it made you feel.
3. Brainstorm solutions.
4. Pick one solution to try.
5. Commit, shake hands, and go in peace.

References

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