

IIRP CANADA CONFERENCE May 2, 2018

Sustainability of Leadership in RP – Making the Changes Stick

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Sustainability of Leadership in RP Singapore – An Introduction



- Achieved independence 53 years ago
- Population of 5.7 million
- 697 Km² (approximately 70 000 ha)
- 14325 times smaller than Canada







Sustainability of Leadership in RP Singapore – An Introduction



Multi-racial society – Chinese, Malay, Indian Diversity is celebrated





Sustainability of Leadership in RP Singapore – An Introduction











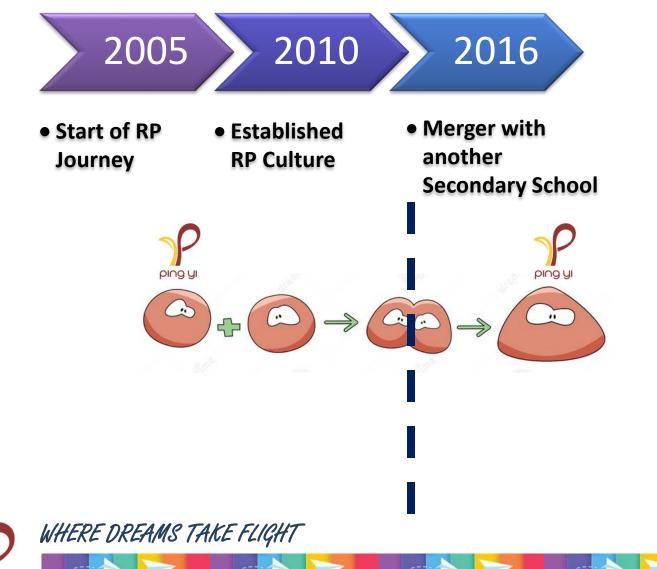




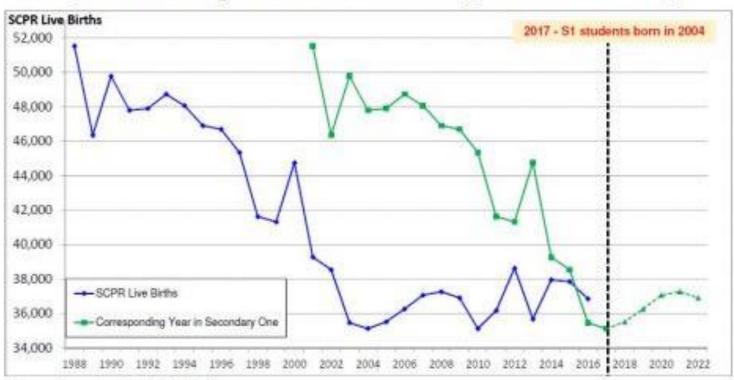




ping yi



- Fertility Rate of 1.16
- Falling Enrolment rates

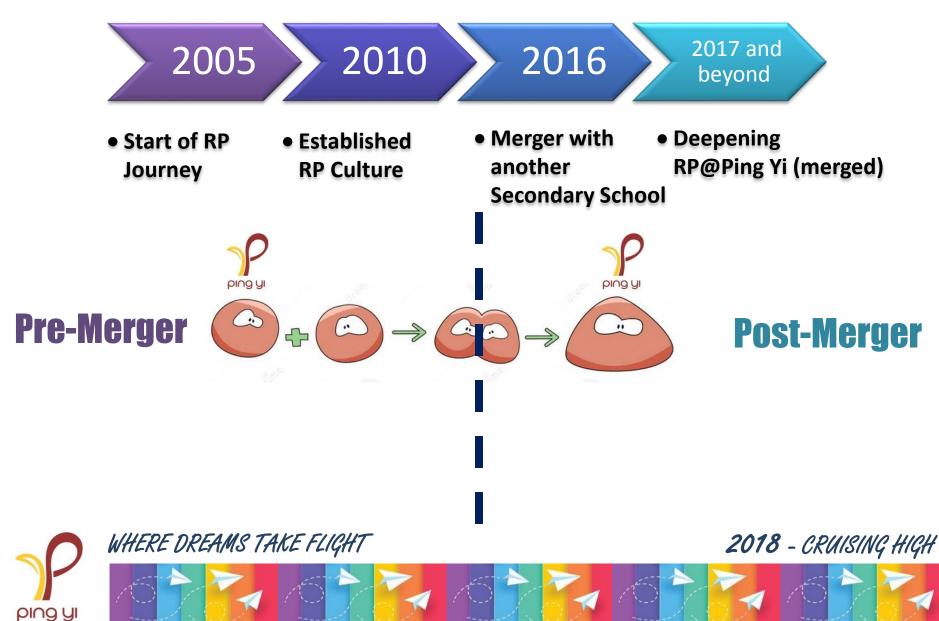


Impact of falling births on secondary school landscape

Source: Department of Statistics, Singapore

- Fertility Rate of 1.16
- Falling Enrolment rates
- Decline in overall demand for school places
- Mergers to ensure schools have a 'critical mass' to give students a good range of educational programmes and co-curricular activities





Sustainability of Leadership in RP (Pre-Merger) Our Journey

The Edict







Sustainability of Leadership in RP (Pre-Merger) Our Journey





Understanding the Context

Initiated as a Disciplinary Tool for disengaged pupils in 2005

Aligned to Student Management objectives - to develop responsible and caring students

Reflective Question that led to the RP Approach :

Has the punitive approach worked thus far?











Understanding the Context

- Students in welfare homes
- Dysfunctional Families
- Students on Financial Assistance Scheme



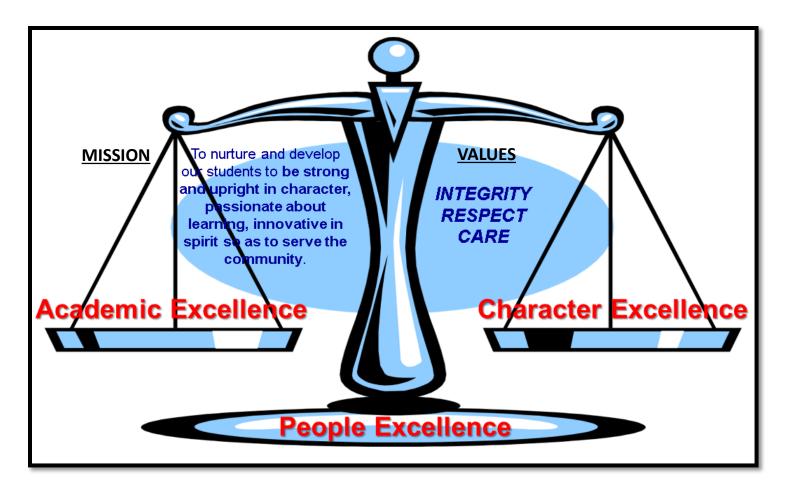
In many cases, there is an absence of Family Structure and Significant Adult Figure.







Understanding the Context

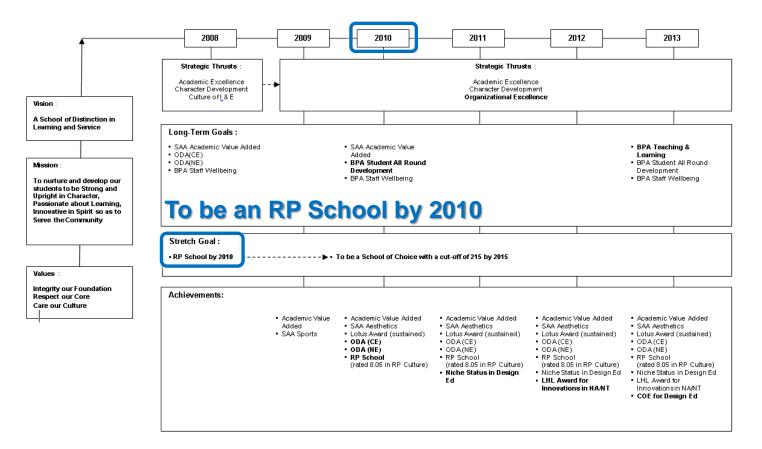






Understanding the Context

Ping Yi's Journey of Excellence







Driving and Sustaining Changes at Systemic Levels

- Restructure of School Organization
- Redesign of Curriculum and Programmes
- Changes in Time-Table
- Protecting the time for RP



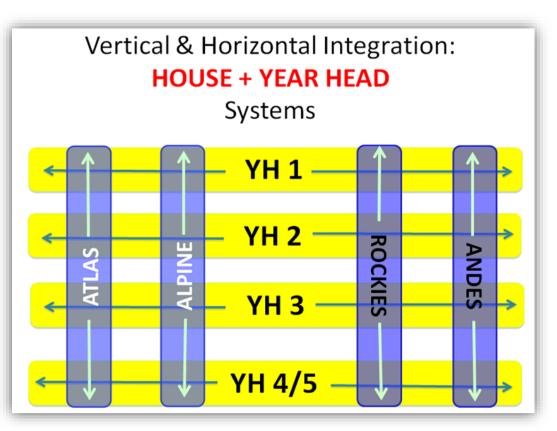
Driving and Sustaining Changes at Systemic Levels

- 1. School Organization Appointment of Year Heads
- Support students and teachers across the levels

Systems

Structure

- Serve as champions for RP
- Facilitate RP between S-S, T-S





Driving and Sustaining Changes at Systemic Levels

- 2. Programmes to Drive the Desired Culture Circle Time
 - Group size of 10 40

Systems

Structure





- Raising Awareness
- Discussing of Issues
- Relationship Building





Driving and Sustaining Changes at Systemic Levels

2. Programmes to Drive the Desired Culture

Circle Time Class 101's SHINE lesson last Friday was on the topic MORAL

COURAGE.

What is Moral Courage to you?

Systems

Structure

Circle Time Lessons within the Curriculum

A real life story about Fred and Alan...

Fred is a student leader in ABC secondary school. He was on duty during recess when he saw his schoolmate (Alan) entering an empty class. He followed behind and saw Alan taking a wallet from a bag. Fred approached Alan and Alan admitted that he stole the wallet.







Alan

What would you do if you were Fred? Why?

Driving and Sustaining Changes at Systemic Levels

- 2. Programmes to Drive the Desired Culture **Circle Time**
- Circle Time Lessons within the Curriculum

Level	T3W1	T3W2	T3W3	T3W4	T3W5	T3W6	T3W7	T3W8	T3W9	T3W10	T4W1	T4W2
Sec 1	Circle Time The right way to resolve a conflict	<u>FT</u> <u>Time</u>	Circle Time RHD: How to react to anti- social behaviour	<u>FT</u> <u>Time</u>	Circle Time I Love My Nation and I'll defend it	<u>FT</u> <u>Time</u>	Circle Time Rights and Responsibilities	<u>FT</u> <u>Time</u>	Circle Time Giving as Friends (Peer Support)	<u>FT Time</u>	Circle Time Last preparation before the exams	<u>FT</u> <u>Time</u>
Sec 2	Circle Time The right way to resolve a conflict		Circle Time How we can foster Racial Harmony in our community		Circle Time I Love My Nation I'll contribute to it		Circle Time Rights and Responsibilities	•	Circle Time Giving as Friends (Peer Support)		Circle Time Last preparation before the exams	
Sec 3	Circle Time The right way to resolve a conflict		Circle Time RHD: Is Racial Harmony a given?		Circle Time I Love My Nation and I'll build it		Circle Time Rights and Responsibilities		Circle Time Giving as Friends (Peer Support)		Circle Time Last preparation before the exams	
Sec 4/5	<u>Circle Time</u> The right way to resolve a conflict		<u>Circle Time</u> RHD: External Threats		Circle Time I Love My Nation and I'll represent her proudly		<u>Circle Time</u> Rights and Responsibilities		Circle Time Giving as Friends (Peer Support)		<u>Circle Time</u> The last lap	



Structure

Systems

WHERE DREAMS TAKE FLIGHT



Driving and Sustaining Changes at Systemic Levels

- 2. Programmes to Drive the Desired Culture Values for Breakfast
 - School-wide Platform for inculcating values
 - Themes include values of Integrity, Care, Respect
 - Encourages Students to articulate their thoughts and feelings









Structure

Systems



Driving and Sustaining Changes at Systemic Levels

2. Programmes to Drive the Desired Culture

KnowingU: 1-on-1 dialogue

Systems

Structure

 Teachers are guided to find out more about students' family backgrounds, social support as well as coping mechanisms



1. Information on the Pupil

- > What are the pupil's interests and hobbies?
- > What are the pupil's goals?
 - Short-term academic, CCA, interests, relationships, personal matters
 - Long-term career, ambitions, relationships, personal matters
- > What opportunities does the pupil wish for to help him/her achieve his goals?
- > How does the pupil feel about himself/herself in the following areas:
- Strengths and Weaknesses
- Appearance
- Ability to relate to others
- What kind of support or help does the pupil require in response to the needs shared?

2. Pupil's Family

- > Who does the pupil live with?
- > What is the pupil's relationship with the family (i.e. parents / guardians / siblings / caretakers)?
- > To whom does the pupil confide the most in?
- Are there any problems that the pupil faces? If any, what are they e.g. divorced parents, interaction with parents, parental expectations, and financial status of family?
- > How does the pupil feel about his/her difficulties? What are his/her coping strategies?
- > What kind of support or help does the pupil need?

3. Pupil's School Life

- > How does the pupil feel about school (i.e. studies, CCA, classmates, teachers)?
- What are some struggles or challenges that the pupil faces in school e.g. stress related to academic expectations, difficulty in communicating with CCA schoolmates?
- > What are the pupil's coping strategies? What kind of support or help does the pupil need?

4. Pupil's Social Circle

- > Who are the people in the pupil's social circle?
- How does the pupil describe the extent of his/her relationship with them? E.g. acquaintances, close friends who study together on weekends.
- > Does the pupil face any relationship problems? If any, what are they?
- > What are the pupil's coping strategies? What kind of support or help does the pupil need?

5. Other Concerns

- > What are some other concerns and fears that the pupil has?
- > What kind of support or help does the pupil need?

Driving and Sustaining Changes at Systemic Levels

- 2. Programmes to Drive the Desired Culture Project Discovery
 - Alternative Education for At-Risk Students

Systems

Structure





Students discover new interests and skills and are affirmed for their successes



Driving and Sustaining Changes at Systemic Levels

- 2. Programmes to Drive the Desired Culture Project Discovery
 - Alternative Education for At-Risk Students





Individual Counselling, Group Sessions and Teaching of Social Skills Integral to the Intervention Process



Structure

Systems





Engaging Staff

- Honest, Open Communication
- Tangible Support

Staff

- Involvement in Decision Making
- Updates on development for 'buy-in' and greater understanding
- Appreciation and Recognition





Enabling Staff

Staff



- Training core RP Team and Staff
- Providing Resources
 Eg. Circle Time / RP Script
- Ensuring Support
- Creating Space



Staff Empoy

Empowering Staff

 Staff Sharing at International and National Platforms

International Conferences

1.IIRP Conference, Budapest, Hungary (2008)
2.IIRP Conference, Hull, England (2010)
3.IIRP Conference, Pennsylvania, USA (2012)
4.SEASPF, Indonesia (2013)
5.IIRP Conference, Pennsylvania, USA (2015)
6.IIRP Conference, Toronto, Canada (2018)

Local Conferences

- 1. RP Conference (2011)
- 2. RP Conference (2012)
- 3. RP Conference (Keynote 2013)
- 4. RP Conference (Plenary 2014)
- 5. NIE Redesigning Pedagogy International Conference (2017)

 Empowered to build School Culture and Partner Parents in the RP Journey



WHERE DREAMS TAKE FLIGHT



Leadership – Walking the Talk

"Teachers may not know the words in the school's formal vision statement, but they do know what is important to the Principal."

- Joanne Rooney

- Core Values and Beliefs
- Personal Practice
- Learning creation of time and space
- Resources deployment

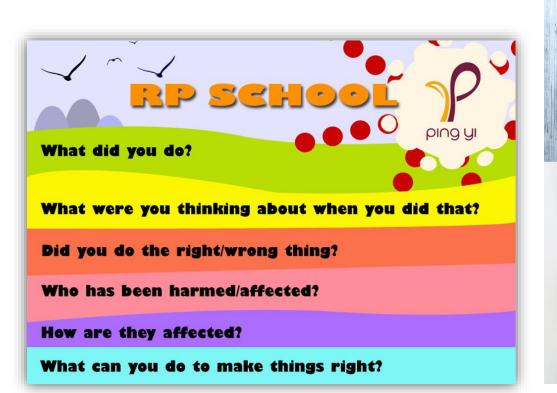


2018 - CRUISING HIGH



Style

Leadership – Walking the Talk



Cour Character Development Pursuit DOING THE **RIGHT THING** EVEN WHEN NO ONE IS WATCHING





Style



Leadership – Listening to the Ground

Concerns over Time

Style

 Modification of Process – Blue Form adopted for students to have their "time out" for reflection

6.	How can you prevent it from happening again? And what should happen if you do it again?
on n	lerstand that I have not been exemplary in my conduct and have reflected by misdeed. I would rather fix things up as mentioned in (6) than to be with differently by the school. I promise to carry out the actions
men more	tioned in (6) and not repeat the same misdeed again. I promise to be a responsible and disciplined Ping Yian and not affect people by doing the g things.



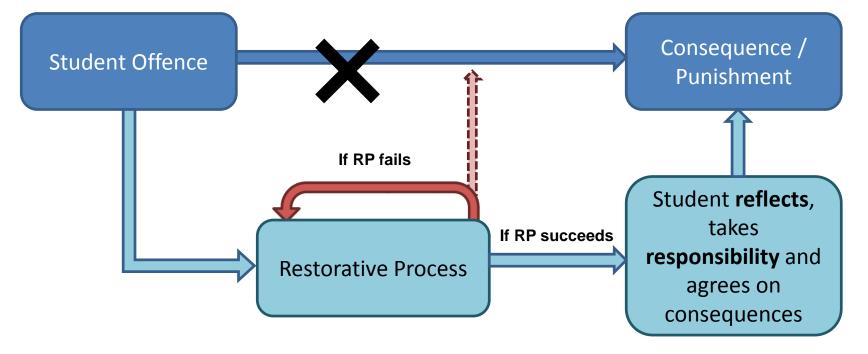


Leadership – Listening to the Ground

Style

Concerns over Expectations of Outcomes / Hidden Fears

• Reassurance that RP for us does not preclude Punishment, but precedes it









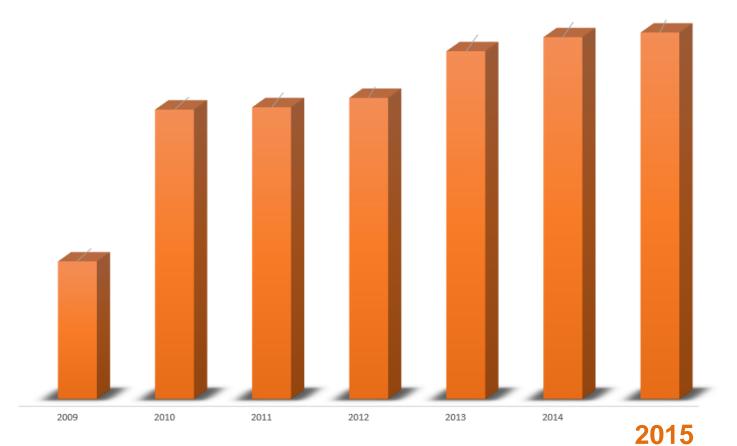




Outcomes That Matter

Shared Values

Average Daily Attendance



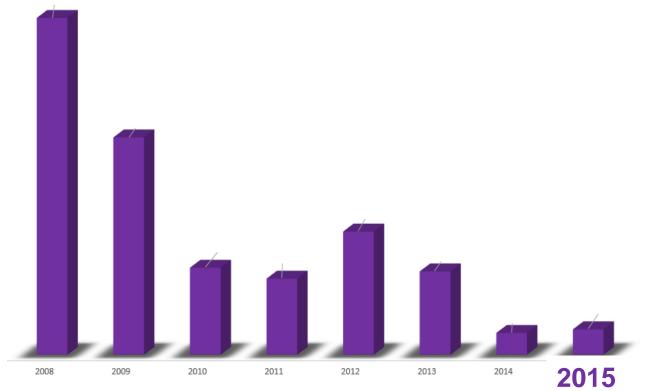


Outcomes That Matter

Shared

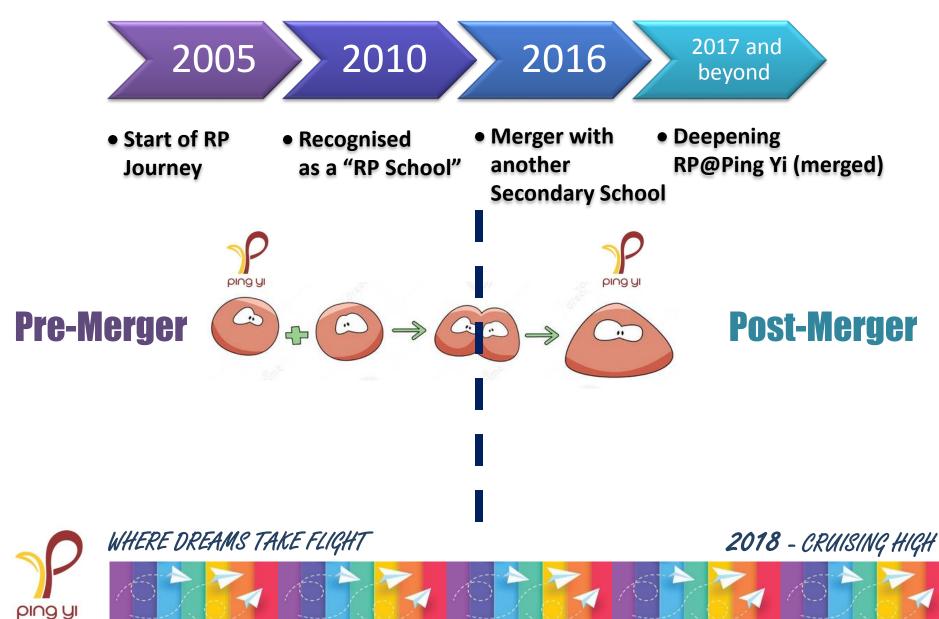
Values

Number of Students with Prolonged Absences





Sustainability of Leadership in RP (Post-Merger) Our Journey



Sustainability of Leadership in RP (Post-Merger) Our Journey

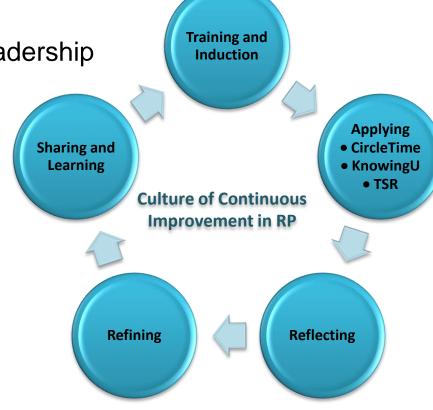
2016 - The New Context and Challenges

- New Leadership
- 1/3 of new students
- Assimilation of different styles and cultures:



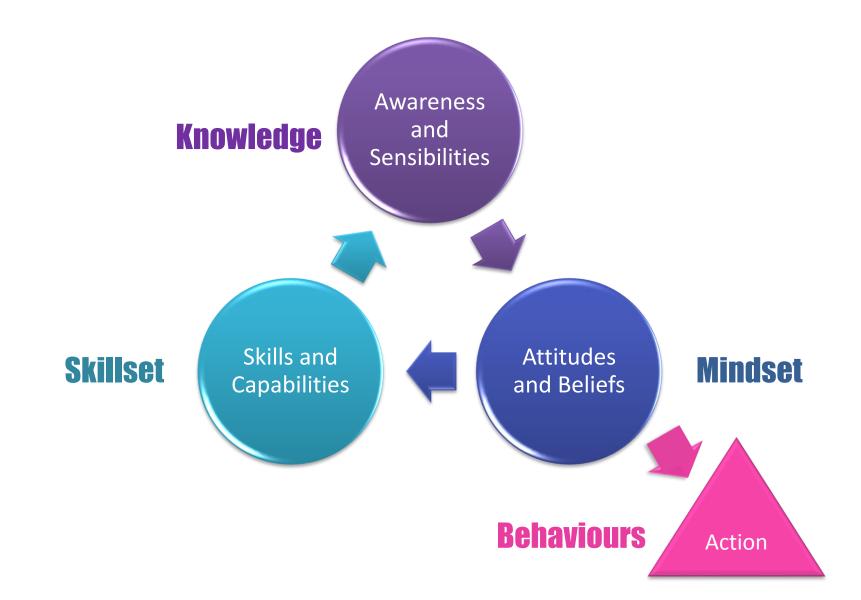


- Buy-in from New Leadership
- Buy-in from Staff





Sustainability of Leadership in RP (Post-Merger) Culture Building – Peter Senge's Domain of Enduring Change

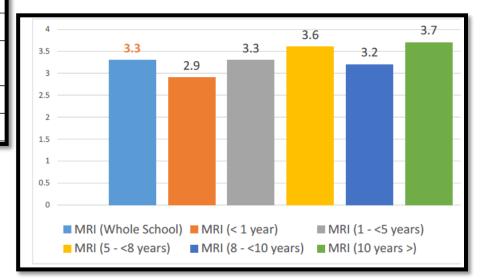


- Establish the gap between the current and desired level of the practice of RP in the school
- Determination of Current RP Culture:
 - Survey of all staff to take into account their Knowledge, Skillsets/Levels of Competency and their Mindset
 - ➔Online Survey with 97 Respondents
 - → MRI computed with Results segregated by Years in the School



Knowledge of RP

Survey Questions
1. How clearly do you understand the elements of RP?
2. How would you describe your ability in listing the benefits of RP?
3. How easy is it for you to determine situations where RP would not work?
4. How confidently are you able to explain why RP works?
5. How detailed are you able to explain the RP process?



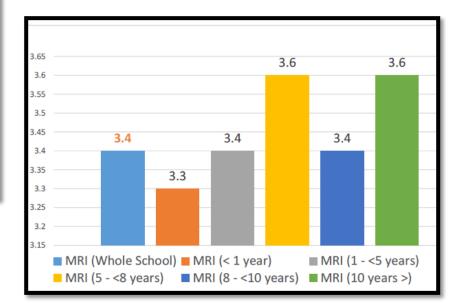




Skills for RP

Survey Questions 1. Communication skills (including but not limited to active listening, questioning for understanding, reading non-verbal signals, summarizing) 2. Facilitating the RP process between students 3. How effective are you in providing timely and constructive feedback to the parties (students) involved? 4. How detailed are you in recording agreements, decisions, and outcomes?

5. How would you rate your ability in working with others?



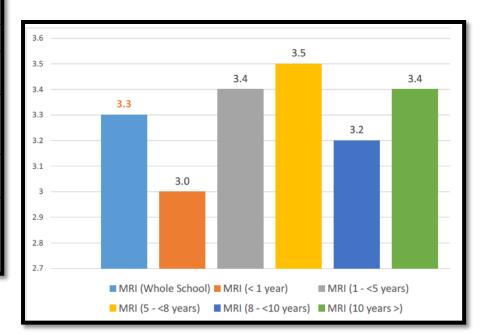




Levels of Competency in RP

Survey Questions			
1. How would you rate your ability in following the RP process?			
2. How would you rate your ability in resolving conflicts or issues among students using RP process?			
3. How likely are you to escalate complex issues to the next level (e.g. Discipline Master, Discipline Comm, School Leaders, School Counselor)?			
4. How would you rate your ability in facilitating the restorative process?			
5. How would you rate your ability in following up on the restorative			

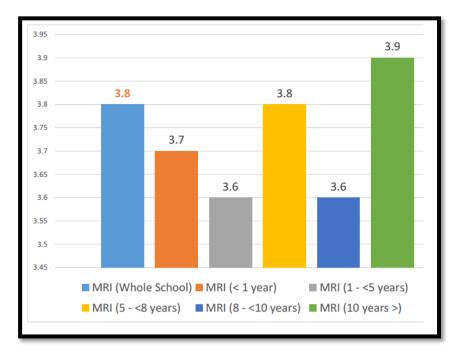
 How would you rate your ability in following up on the restorative process? (e.g. supervise and monitor the completion of outcome agreements, ensuring closure and providing on-going support, if any)





Mindset (Care for Students)

Survey Questions			
 How effective are you at building trust with all parties (students an other teachers) involved? 			
2. How would you describe your ability to remain impartial, fair to al parties (students) involved, including but not limited to their past histories or records?			
3. How would you describe your ability to show care through words and actions?			
4. During the RP process, how well are you able to focus on the positive outcome?			
5. How would you rate your level of self-awareness?			





Conclusions from Survey

- Care for Students (Mindset) was a key strength and underpins the current culture of RP in the School
- MRI for staff < 1 year with the school was low for *Knowledge, Skills* and Levels of Competency. This was expected due to the merger.
- Notwithstanding, for this group, *Care for Students* remained high and was a strong basis for a starting point in engaging staff.
- MRI for staff between 8-10 years with the school was relatively lower across all domains. Sample size in this group was also the smallest (9 respondents) and coincided with staff that were not Form Teachers.



- Establish the **Elements** that make up the RP Advocate:
 - →Identified 11 RP Advocates across various years in service, including non-teaching staff
 - Conducted Interviews with these RP Advocates to distil Mindset and specific Skillset (Competencies), as well as Current and Best RP Practices

2018 - CRUISING HIGH

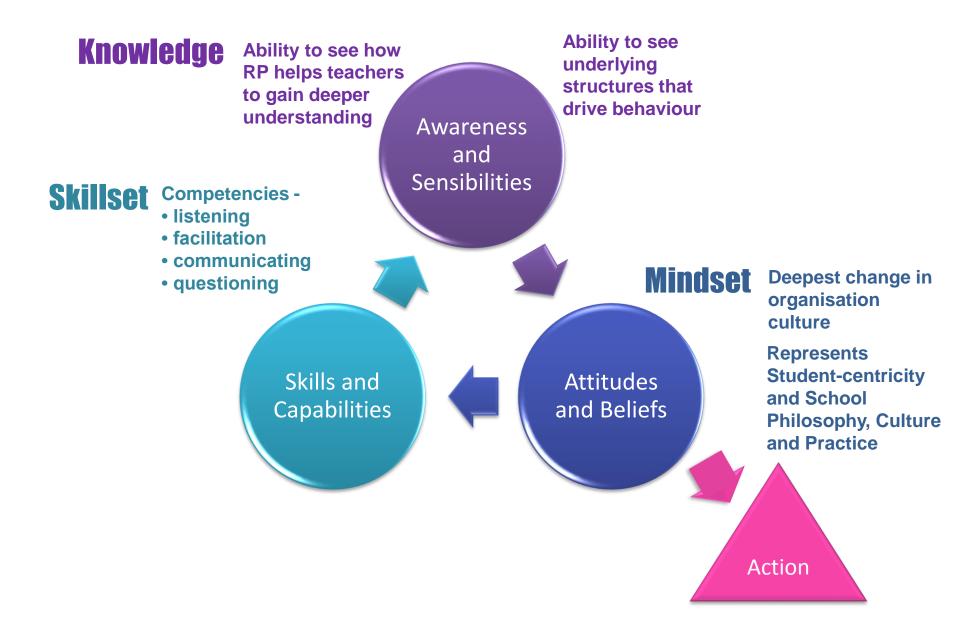
 Findings to guide structures and systems to facilitate desired behaviors and action towards the desired culture



Findings from Interviews with RP Advocates

- Core competencies for RP include skills in listening, communicating, facilitating conversations and questioning
- RP in the school is founded on respect, being fair to all parties, and care.
- Encouragement and support from peers essential for RP environment
- **Deep understanding of students is critical** in forming the mindset and attitude of the RP advocate





Re-visiting our RP Philosophy

Restorative Practice at Ping Yi is:

- Respectful (Distinguishing behaviour from the person)
- Fair (engaging, with explanations and clarifying expectations)
- Restorative by repairing harm and building relationships

For our students, it serves to:

- Develop Empathy (through Reflection, Insight, and Learning)
- Enhance Responsibility and Accountability
- Support positive behavioural change and the strengthening of relationships

International Institute for Restorative Practices Canada



RP takes a long term view of holistic development, relies on strong TSR and is founded on our school core values of Integrity, Respect and Care

Our RP Goal:

Every Staff an RP Advocate

- Enabled to facilitate restorative conversations
- Empowered to repair damage done to individual relationships
- Entrusted to build a restorative culture and a healthy school community

"It is easier to build strong children than to repair broken men" (Frederick Douglass, 1817-1895)



WHERE DREAMS TAKE FLIGHT

Our RP Goal:

Every Staff an RP Advocate – Skills and Capabilities

- Listening skills
- Facilitation skills
- Communication skills
- Questioning skills



Our RP Goal:

Every Staff an RP Advocate – Attitudes, Beliefs and Action

- To grow in Understanding and Empathy
- To have RP conversations and repair relationships
- To have conversations to tease out the less and least visible



Engaging, Enabling and Empowering Staff

Training New Colleagues on the Philosophy on RP

Staff





Engaging, Enabling and Empowering Staff

On-going Professional Development during Staff Seminars -Facilitation Skills



Staff



Strengthening our Belief and Deepening our Practice of Circle Time

3 Pillars of Circle Time

Philosophy	Principles	Practices
Circles are not solving problems Building skills of awareness An educational model Belong in a school curriculum along with other content areas Requires no esoteric leader skills Designed to be done by teachers of facilitators with no special background other than a caring for children An appreciation of the role of affective development in a child's experience	 Solution-focused Belief that students have the innate ability to resolve issues 	 Pedagogy tool Route to a more cooperative form of discipline Means to building better relationships between staff and students Restoring relationships through Circles and Conversation





WHERE DREAMS TAKE FLIGHT

Engaging, Enabling and Empowering Staff

Understanding our Students' Behaviours

On-going Professional Development platforms – Questioning Techniques

WHERE DREAMS TAKE FLIGHT

Skills

Staff

External Sources Family **Deepening RP@Ping Yi** Recent Death **Understanding our Students' Behaviours** Instability (Divorce) · Overly-high Pressure from parents We need to lower the Presenting waterline and ask: School Problem Past/Present bad experiences with teachers What are some of the Inability to cope – mismatch between teaching/learning styles underlying factors of students' Peers **Deepening RP@Ping Yi** misbehaviours? Relational Issues Underlying **Understanding our Students' Behaviours** Victims of Bullying – Verbal, Physical, Cyber Issues Internal Sources Psychological Factors SEN - ADHD, Autism, ODD Depression and Anxiet ٠ Developmental Issues

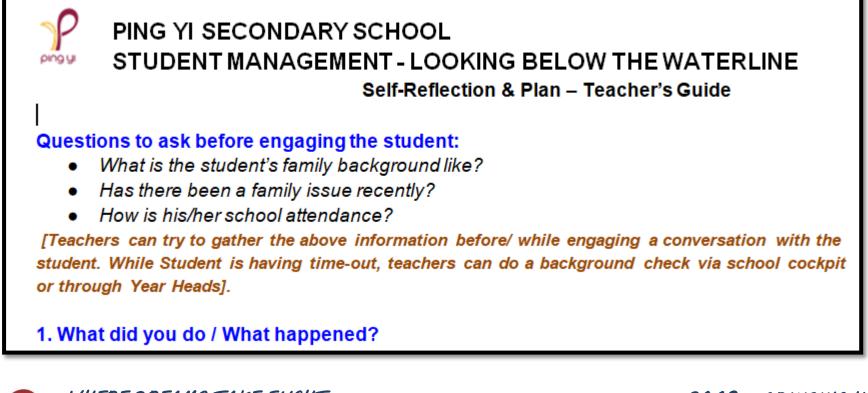
- Poor Social and Emotional Competencies
- Identity Crisis





Engaging, Enabling and Empowering Staff

On-going Professional Development platforms: Looking beneath the waterline – Enhanced RP Script





Staff

WHERE DREAMS TAKE FLIGHT

Engaging, Enabling and Empowering Staff

On-going Professional Development platforms: Looking beneath the waterline – Enhanced RP Script

2. What were you thinking about when you did that?

Staff

- Has a similar incident happened before? When was that?
- Have you seen someone else do the same thing as you have done? What happened then?

[It may not be sufficient for students to verbalise how they felt at that point of time. You may want to ask deeper questions to find out what were the student's prior experiences that led to such feelings/decisions.]

- 4. Who has been affected by your behaviour?
 - Why are these people affected by your behaviour?
 - In what way are they affected by your action?
 - How would you feel if you were in the same situation?

[Link this with your knowledge of the student's family background or social support. Help students to see that those affected is not limited to the victim or parties directly involved in the incident]



WHERE DREAMS TAKE FLIGHT

Engaging, Enabling and Empowering Staff

Weekly Time-Tabled PD Time for Teachers to plan and customize lessons on Circle Time and Development of Social Skills





WHERE DREAMS TAKE FLIGHT

Staff



Engaging, Enabling and Empowering Staff

Other Enhancements

Staff

- Student Management Policy for teachers to be directly involved when School Development Team facilitates RP conferencing
- Buddy System for more RP Advocates to partner less experienced staff members (not Key Personnel or Reporting Officers)
- Repository of Case Studies





Making Changes Stick

Make it Stick! (Step 8 in Dr John Kotter's 8-step Process)

- Constant reminders that RP has worked and continues to work
- Culture reinforced with new staff, including trainees
- Succession planning





Culture Building – Outcomes that Matter

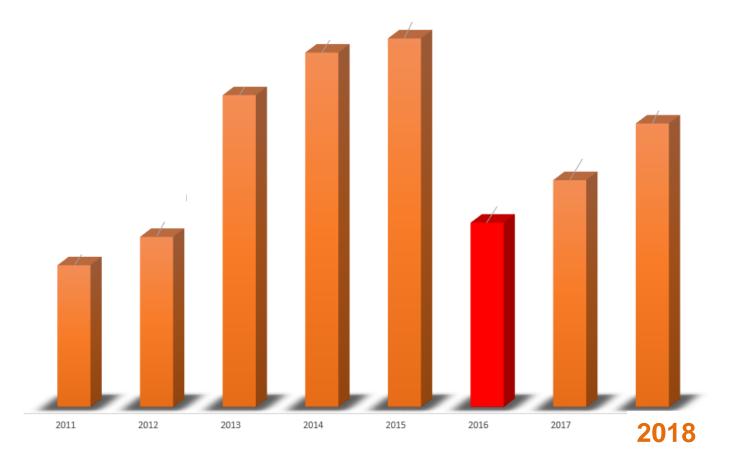




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Culture Building – Outcomes that Matter

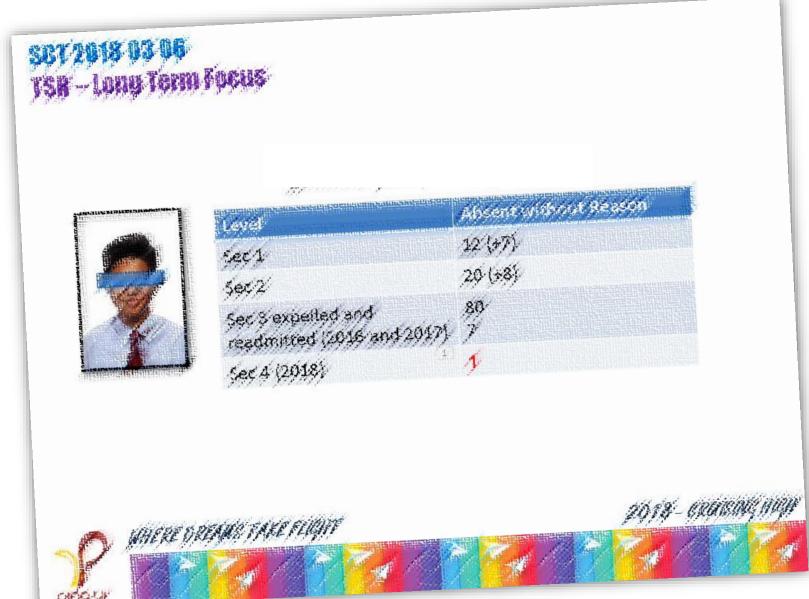
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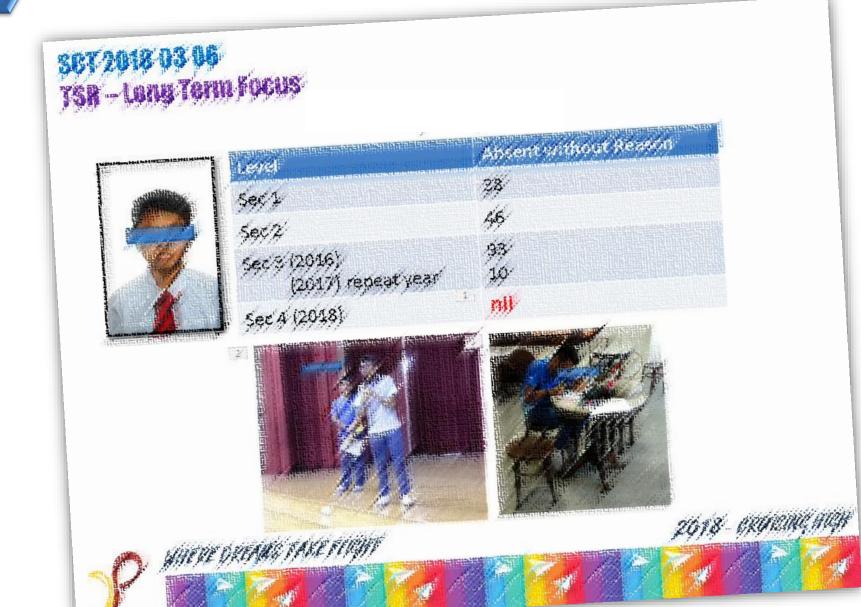
Shared Values

Culture Building – Outcomes that Matter



Shared Values

Culture Building – Outcomes that Matter





Culture Building – Outcomes that Matter

"I was an attention-seeking boy who refused to adhere to all school rules and regulations. RP has helped me to reflect on my behaviour and focus on my studies. It has improved my life."

Student whose offences include:

- Skipping lessons
- Fighting
- Stealing

"I was constantly looking for ways to have fun, and I had problems managing my anger. RP has allowed me to understand how I have affected others through my actions."

Student whose offences include:

- Vandalism of school and public property
- Defiance

Shared Values

Culture Building – Outcomes that Matter



"Please be patient with us (students). Don't give up sometimes we take a longer time to turn around."





Shared Values

RP – The Culture of Valuing Individuals





THANK YOU !





