

Restorative Practice Reflection

Please work on the following with a parent and/or teacher and return to Mrs. Dean by _____.

1. In regards to how you handled the identified situation(s), please make a list of the things that you think you did that *helped* the situation and things that you did that *did not help* the situation.

<u>Things that I did that were helpful/positive</u>	<u>Things I did that made the situation worse</u>
Eg. walked away/ told an adult	Eg. used inappropriate language

2. Based on the list you created with a trusted adult, please write a short essay answering these questions:
 - a. How did my behavior impact the other student?
 - b. What can I do differently next time I am frustrated or angry.

3. Look at your list of things that helped the situation. In the future, what would you do differently to help resolve a conflict? What adults could you use to help you resolve the conflict?