



Camp Make 2017-18

Advisory Guide for Directors

Dear Directors,

This year during Camp Make, you have a special mission. Bonding with your staff and understanding the dynamics of your team(s) is a strong precedent for setting a positive and synergistic tone for the year. Therefore, we are asking site directors to lead advisory Monday -Thursday with their own staff members from 3:15 PM - 4:00 PM.

The Maker Team has created an advisory plan for the week, and will assign you a location to meet, in addition to providing all required materials. Please read over the advisory plan in advance, and let us know if you have any questions or need clarification regarding your "mission."

What is advisory?

“Advisory is an effective educational program designed to focus on the social, emotional, physical, intellectual, psychological development of students; a program providing a structured time during which special activities are designed and implemented to help adolescents find ways to fulfill their needs; intended to provide consistent, caring and continuous adult guidance at school through the organization of a supportive and stable peer group that meets regularly under the guidance of a teacher, serving as an advisor” (Forte & Schurr, 1993, p. 117).



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Day 1: MONDAY

The Talking Piece

1. Arrange chairs in a circle.
2. Bring or find a “talking” piece. It can be anything: pen, pencil, ornament etc.

The Talking Piece

The talking piece is a circle tool that keeps individuals focused and the circle running smoothly. It is usually an object that has special meaning to the class. The primary rule of the talking piece is that whoever has it is the only one permitted to speak and everyone else must give their full attention and listen.

Orange County Department of Education Center for Healthy Kids and Schools, 2014

3. Greet everyone.
4. Begin by setting circle norms. You might be already familiar with these norms from our Restorative Practices Training:
 - a. Respect the talking piece
 - b. Speak from your heart
 - c. Listen with your heart
 - d. Speak with respect
 - e. Listen with respect
 - f. Remain in Circle
 - g. Honor Privacy
5. Read the advisory definition (above). Open the circle for a conversation around the definition by repeating the norms.
6. Discuss team identity. Who are we? What makes us(iLEAD Encino, iLEAD NoHo, SCVi, Innovation Studios, Empower Generations, iLEAD Lancaster, iLEAD AV, Pacoima, Exploration ...)

IMPORTANT: Discuss possible team flag design and team chant or cheer. You will share this with everyone on the last day.



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Day 2: TUESDAY

The Support of the Group: Balloon Balance Activity

- Props: one balloon for each participant, wide tipped permanent marker
- Group size: 1-20
- Time: 15-30 minutes
- Intent: To identifying supporting factors that help balance people.
- Action: Group balances a member on a bed of supportive balloons.
- Highlights: Make sure the ground being used is not likely to burst balloons, or use a tarp or blanket between balloons and its surface.
- Preparation: Distribute one balloon to each person. Ask them to inflate it and tie off the neck. Have a few extras ready to replace the couple that burst. Give each person a wide tipped permanent marker (NOT pointed pen), and ask them to write their name on the balloon. You may use balloon colors to divide a large group into small ones.

Script: Along with your name on the balloon, write something you do to support people in your group as they try new things and take risks (people do this). Now, I'd like to get one volunteer who is willing to try something new and take the risk of lying down on the supporting balloons of the group. Any takers? (get a volunteer). Okay, the challenge here is to float or balance this risk taker, who may metaphorically represent the team or your school, on a bed of support without touching anyone or anything other than balloons and without anyone holding balloons in place. You can help your group member into position, but support must be by balloons only. Any questions? (give the group ten minutes to strategize, then five minutes to actually "float" the person, and decide if you will allow other groups to share their balloons and spread the support around).

Variations: Extend the challenge by very carefully withdrawing one balloon at a time and experimenting with the fewest number to float a person. Float several people, side by side, at the same time. Change the topic from support to commitments or contributions.

Debrief:

- What did we learn?
- Why did we work on this activity?
- Observers, what did people do really well?"
- What were the key takeaways from the practice?

Activity adapted from: "99 of the best Experiential Corporate Games we know!" by Faith Evans



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Day 3: WEDNESDAY

Brainstorming

Today's focus is on engaging class strategies. You will engage your team in a brainstorming session on the topic "*How can we best prepare for an amazing school year?*"

➤ **Objective**

Allows participants to share information, best practices, and knowledge.

➤ **Time**

Required About 30-40 minutes - can easily expand or contract the activity to suit the available time.

➤ **Materials Required**

Flip chart paper and markers for each team

➤ **Instructions**

- Sit in a circle
- Share the rules of brainstorming:
 - No judgment on ideas – there are no “bad” ideas, all ideas should be considered
 - Everyone participates
 - The goal is quantity, not quality
- Break team into triads.
- One person in the team should be the scribe to record the group's thoughts on a flip chart page.
- For 15 minutes, the team discusses the topic and allows each person on the team to speak.
- The scribe lists each key point or element on the flip chart.
- At the end of the 15 minutes, each team presents their findings to the remainder of the group.
- Positive feedback can be shared with the team with the most ideas or key points.

Debrief

- What did we learn? Summarize the key learning points of the discussion and include any additional key concepts of the topic that may still need to be covered.
- Why did we work on this activity?



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Day 4: THURSDAY

It's All About the TEAM

Together
wE
Achieve
Miracles

1. Practice team cheer or chant
2. Design or finish team flag
3. Prepare to present the “Why”

NEXT STEPS:

After this week, it is important to keep the advisory and restorative practices momentum going with your staff. Try to implement the restorative practices circles and affectives statements during opening and/or closing PLs, addressing staff, engaging conversation etc.

Circle Structure Guideline:

1. Open the circle
2. Create Ground rules/Agreements (Created together as a class)
3. Introduce talking piece
4. Introduce Check-In
5. Discussion topic
6. Check-Out
7. Close the circle

Examples of when to use circles:

- Getting acquainted
- Building trust and relationships
- Discussing academic topics
- Addressing issues in the classroom (respect, bullying, stealing, disruption, etc.)
- Welcoming students back after an absence
- Following a disaster or death at school