Social Discipline Window Activity

Break into four groups, but do not tell participants why. Give each group directions to draw a garden with the supplies given as outlined below:

- **TO**: a piece of newsprint and 2-3 markers
- **WITH**: newsprint and all the supplies they need
- **NOT**: newsprint, a white pencil, and a broken pencil
- **FOR**: newsprint and all the supplies they need

Go around and interact with the groups for about 10 minutes.

- **TO**: Be punitive. Tell them exactly what to do, and when they do it wrong, get angry and make them redo it.
- **WITH**: Be restorative. Check in on them. Make sure they are following along.
- **NOT**: IGNORE THEM
- **FOR**: Do it for them. Tell them they can’t handle it and you don’t want to stress them out.

After 10 minutes, start a go-around with the following questions:

- What did you experience in your group? What happened?
- Hand out the SDW or draw it. Go around what box you naturally fall into and give examples.
- Can anyone relate to each other?
- How do you think it feels for the kids if we are operating out of different boxes? For example, if a science teacher is FOR, a math teacher is TO, etc.
• Discuss the importance of consistency and being purposeful and intentional about our practice.

• Final go-around: The expectation is that our staff will operate in the WITH box every day on purpose. *(That is the high control.)* What do you need to ensure that this happens? *(That is the high support.)*

  o What are things or situations that will trigger you into the NOT, FOR, or TO box? For example, when feeling overwhelmed, you go into the NOT box.

  o How can we hold each other accountable for this?

  o Everyone can say what they need and how they can support each other.