Evidence Based Practices

THE ROLE OF RESTORATIVE PRACTICES
Research

- Be a good consumer of research
- What is considered evidence-based programming?
- How does EBP research inform programming?
- How does data drive decision-making?
Four Key Principles Supported by Research

- Risk Principle (Who to Target)
- Need Principle (What to Target)
- Responsivity Principle (How to Match)
- Treatment Principle (Which Programs to Use)
JJSES Framework

Stage One: Readiness
- Intro to EBP Training
- Organizational Readiness
- Cost-Benefit Analysis
- Stakeholder Engagement

Stage Two: Initiation
- Motivational Interviewing
- Structured Decision Making
- Detention Assessment
- MAYS! Screen
- YLS Risk/Needs Assessment
- Inter-Rater Reliability
- Case Plan Development

Stage Three: Behavioral Change
- Skill Building and Tools
- Cognitive Behavioral Interventions
- Responsivity
- Evidence-Based Programming and Interventions
- Service Provider Alignment
  - Standardized Program Evaluation Protocol (SPEP)
  - Graduated Responses

Stage Four: Refinement
- Policy Alignment
- Performance Measures
- EBP Service Contracts

Delinquency Prevention
Diversion

Family Involvement
Data-Driven Decision Making
Training/Technical Assistance
Continuous Quality Improvement
BARJ Remains PA Mission

- JJSES aligns with BARJ in these ways
  - EBP stresses the need to use research to guide practice, no matter what that practice is
  - Where research evidence does not exist, data and analysis should be collected/conducted
  - EBP for risk reduction addresses the competency development part of BARJ

BARJ Objectives

- Community protection
- Accountability to victims and community
- Competency development
<table>
<thead>
<tr>
<th>Program</th>
<th>Benefits</th>
<th>Costs/Person</th>
<th>Net</th>
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<tr>
<td>Aggression Repl. Training</td>
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Evidence-Based Risk/Need Assessments

- Improves decision making
- Educates about delinquency risk factors
- Determines level of risk to recidivate
- Identifies and focuses attention on criminogenic needs
- Matches proper services to needs, based on risk
- Assists in determining appropriate levels of supervision
- Establishes measurable case-specific goals
- Allocates resources to achieve better outcomes for juveniles, families, victims and their communities
- Ultimately assists in risk reduction = community protection
Restorative Practices

- Where does RP fit in?
- What practices can be defined as evidence-based?
- Are current EBP practices considered restorative?
- What would be the criteria to consider other practices/processes restorative? How do we judge?
CSF Buxmont

- Aggression Replacement Training (ART) implementation
- Motivational Interviewing (MI)
- Restorative Reporting Centers (RRC)
- Essential Elements
- Other models – what to do when (FLS)
Where do we go from here

- Next steps?
- Future research projects
- How do we capture data?

- Questions/Comments
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