

Working with non-contracts

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In our workshop, we worked with the OK-Corral, known from Transactional Analysis and developed by Ernst and Harris.

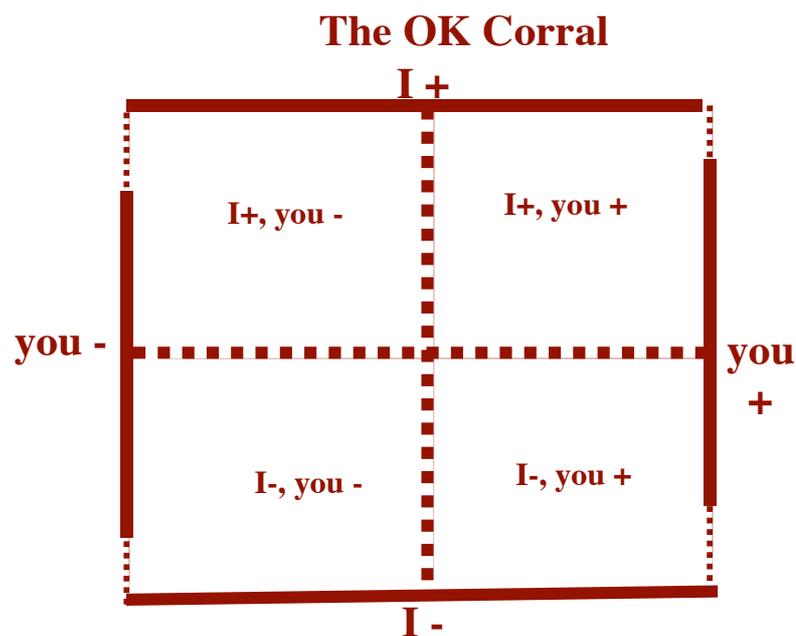
The OK-corral gives you four windows to look at the world:

I am OK, you are not OK (I+, You -)

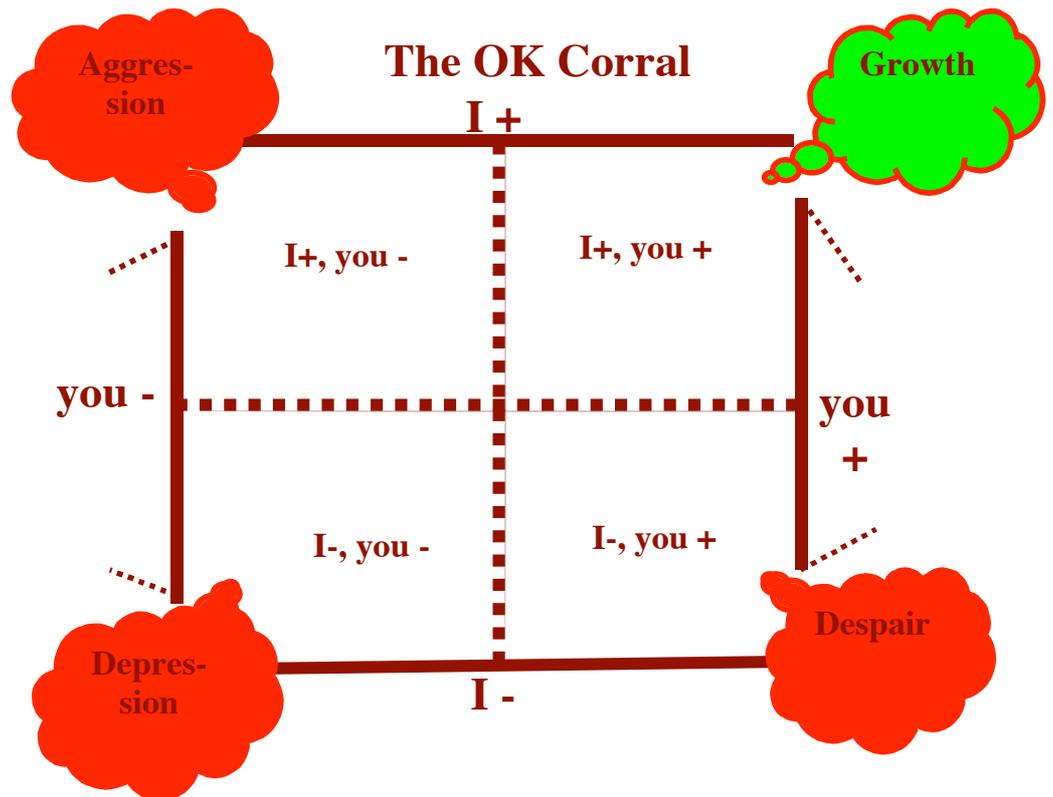
I am not OK, you are not OK (I-, You -)

I am not OK, you are OK (I-, You +)

And I am OK you are OK (I+, You+)



Each quarter of the corral has its own door through which a person can leave the corral. There are three back doors and one front door:



When you work with young people in educational settings, it is of course desirable to keep the back doors closed, and the front door wide open.

Therefore we divided the OK-Corral in a Red section and a Green section. We call it the educational dancing floor.

Misbehaviour or what we call Destructive behaviour, takes place in the Red section.

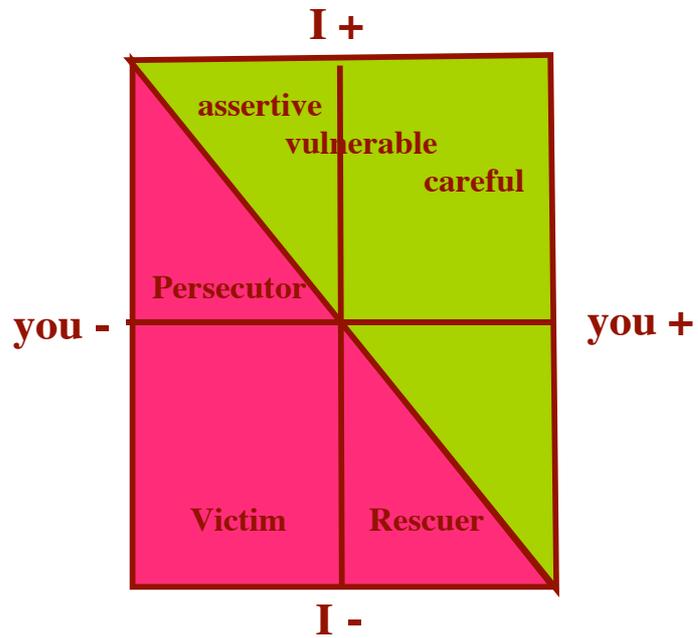
Good conduct, of Constructive behaviour you see in the Green section.

In the Red and Green section you see the behaviour of people in Green and in Red.

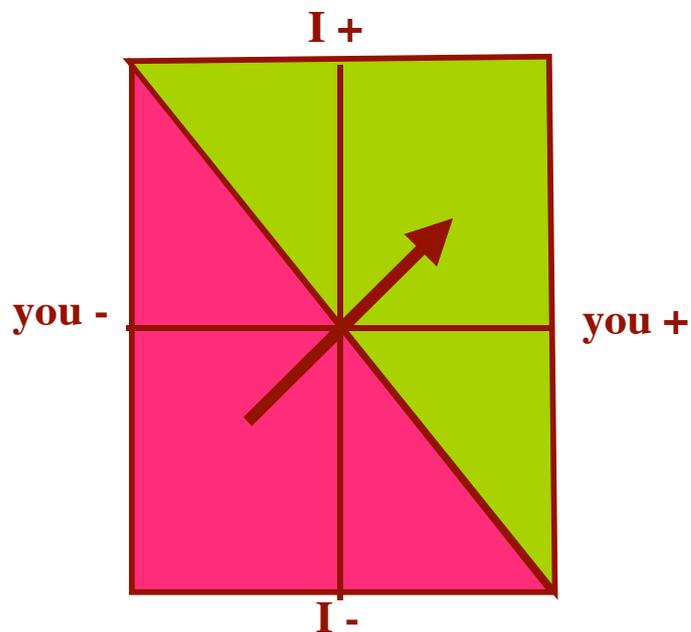
Green behaviour is professional behaviour for teachers and educators and it is behaviour they want to develop by their pupils.

Red behaviour brings damage to other people or to the person himself, for instance by anorexia, bulimia or drugs misuse.

The educational dancing floor



A pupil, who misbehaves, brings himself in the Red. Restorative Justice is Green reaction on Red behaviour. It brings him back in Green. It's like dancing.



Restorative justice brings people from Red to Green

Non-contracts are made with (young) people who frequently fall back in the same Red behaviour, behaviour Non-contracts closes the way to Red behaviour:

When you work with Non-contract with the person you guide you search for the needs he tries to fulfil with his Red behaviour: 'Why you doing this?'

When he has answered that question you try to find out ways in which the pupil can fulfil his needs with Green Behaviour.

So:

A NON-(Aggression)CONTRACT

- Describes the very firm intention of a person to put a stop to RED behaviour in the next ... (time)
- Breaking the contract results in a problemsolving sanction.

(You are at RED grounds and have to undertake action to become Green again).

A non contract works with problem solving sanctions:

PROBLEMSOLVING SANCTIONS

- In the sanction is laid down what someone must do after breaking the contract.
- It is **no punishment**. It is restorative and fulfilling the needs.
- It offers a **second chance** to try to reach the aims of the contract and thus to become Green again.
- Characteristic: When the sanction is performed it is to **the benefit of all**.

A non contract looks like this:

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Non contract of ... made with the support of ...

- **Statement:**

From ... till ... I'm going to stop the following destructive (RED) behaviour:

- **Reason behind the behaviour:** (what are my needs)

When I am ... , it's really because I need to ...

- **Prevention:** (Best: call in the help of classmates) (GREEN)

In order not to ... , I shall ... (constructive behaviour)

- **Sanction** (Action must help to fulfil the needs. It leads from Red to Green. All concerned value the action of the contractor.)

If I break the contract I will ...

Date of Evaluation: (...weeks after signing)

Thus made up on (date of signature)

My Signature:
signature:

Teacher's signature:

Class/group

A made up contract can look like this

Non contract of John with the support of teacher Jill

- **Statement:**

From January 3rd till February 6th I'm going to stop the following RED behaviour:

Telling jokes and making fun during class at inappropriate moments

- **Reason behind the behaviour:**

- When I am bored during class I want to make some fun and bring joy to the other pupils. It's really because I need to have some fun and feel appreciated by my classmates

- **Prevention:**

In order not to get excluded for making fun at inappropriate moments, I shall tell a joke or a funny story at the beginning and the end of the day and by that, bring joy to the teacher and my classmates...

- **Sanction**

If I break the contract and I get excluded from class I shall for ten minutes give a one man act during the teachers meeting which are mostly quit boring after one and a half hour. By my performance I will enjoy all the teachers, and make them laugh and brighten up their meeting.

Date of Evaluation: (February the tenth)

Thus made up on January the second 2006

My Signature:

Teacher's signature:

Class/group signature:

There are several types of non-contracts:

Possible non-contracts

- Formal (written)
- Informal (oral)
- Individual
- Small groups
- Classroom

Further more we like to thank the organisation and all the people we met for the inspiring conference.

If you want to get in touch with us, you will find our mail addresses at the top.

See you in Budapest!

Hans Oostrik & Jan Ruigrok.