Escaping Victimhood

The Religious Society of Friends, Old Jordans Trust
Old Jordans Hotel & Conference Centre



Thames Valley Partnership

What is it?

- Residential, experiential 5 day workshop providing a safe setting away from the daily pressures for victims of crime
- Providing information about trauma
- Sharing experience with others
- Absorbing a model of change and some tools to use
- Having access to creative activities

Why do it?

- The CJS process does not bring closure
- More victims never get a justice process
- Trauma is not recognised by CJS nor many others working with victims
- Expectation is that victims will seek revenge and remain angry. This keeps them in role as a victim
- Deep seated needs for restoring control

Who should do it?

- Those who have been affected by serious crime, violence, bereavement and trauma
- Those affected by serious accident or incident
- Anxious
- Motivated by concern
- Willing to participate and trust the process of a residential workshop away from home

Where is it happening?

- Currently workshops have been held in the Thames Valley, but they could be held anywhere
- Referrals can come from anywhere as long as people can travel

When is it possible to happen?

- The best timing is when victims of crime ask for it and feel ready to move on
- But also best after the CJS process has been completed
- When the trauma can begin to be placed into the perspective of the person's life story, rather than dominate their whole being

How can this happen?

- Referral through FLO, OIC, VLO
- Self referral to the project staff
- Victim Support
- SAMMS
- Those known to facilitators
- Assessment process by EV staff
- Funding for future

Where do we go from here?

- Gain acceptance that what we have put together is important for those affected by trauma
- Achieve status within referring groups and some independent standing
- Make connections with other service providers such as health, housing and others to seek follow up support and action

Contact details

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