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| \*Dr. ‘Phil’ (place your own name here) | IIRP |
| Describe the Day of Your Offense, the crime itself and the events leading up to it. Try to go into as much detail as possible | What Happened? |
|  |  |
| How did the crime affect others? Include your victim, their family, your family, friends and the community | What were you thinking of at the time? |
|  |  |
| What happened to you as a result of the crime, emotionally, physically, and spiritually  | What have you thought about since |
|  |  |
| Why do you think this happened to you? | Who has been affected by what you have done? In what way |
|  |  |
| What could bring you healing? | What do you think you need to do to make things right? |
|  |  |

\*Examples of modified questions